



	Tue 1	Wed 2	Thu 3	Fri 4
	Grilled Cheese Alt. Grilled Cheese w/Ham Tomato Soup Sprial Fries Chicken Salad Sandwich (alternate)	Waffle Sausage Patty Hash Brown Patty Roast Beef & Cheese Sandwich (alternate)	Chicken Philly Melt Sub Seasoned Carrots Chickpea Salad Tuna Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Ranch Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 7	Tue 8	Wed 9	Thu 10	Fri 11
Popcorn Chicken Ketchup-pc BBQ Sauce-pc Biscuit-large Seasoned Carrots w/Parsley Ham & Cheese Sandwich (alternate)	Meatballs w/Sauce Garlic Bread Peas Turkey Salad Sandwich (alternate)	Nachos w/Meat and Cheese Salsa Sour Cream pc Seasoned Corn Refried Beans Brown Rice Bologna & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza 3 Bean Salad Juice-Assorted Peanut Butter and Jelly Sandwich (alternate)	<p>If we do not use an emergency day beforehand, there will be NO school today.</p>
Mon 14	Tue 15	Wed 16	Thu 17	Fri 18
				
Mon 21	Tue 22	Wed 23	Thu 24	Fri 25
<p>Emergency give back day, NO SCHOOL for students.</p>	Chicken Tenders Ketchup-pc BBQ Sauce-pc Dinner Roll Peas Hummus Wrap (alternate)	Double Cheeseburger Alt-Veggie Burger Tater Tots Baked Beans Chicken Salad Sandwich (alternate)	Mozzarella Sticks Garlic Bread Baby Carrots Roast Beef & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Lite Italian Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 28	Tue 29	Wed 30	<p>All Kids Eat Free Stop by for 5</p> <p>5 Food Groups = Maximum Nutrition</p>  <p>Pick 3 food groups or more including at least a ½ cup of fruit and/or vegetable.</p> <p>Eating foods from each food group gives kids and teens the nutrition they need to learn, grow, and be healthy!</p>	
Chicken Nuggets Rice Pilaf Broccoli Ham & Cheese Sandwich (alternate)	French Toast Sticks Sausage Patty Hash Brown Patty Turkey Salad Sandwich (alternate)	Sloppy Joe Sandwich Macaroni Salad w/ Ranch Dressing Green Beans Salami and Cheese Sandwich (alternate)		

Fruit Apple - Apple Juice 4oz Carton - Apple Slices-packaged - Applesauce - Banana - Blueberries-Frozen - Cantaloupe - Dried Cherries - Fruit Cocktail-Canned - Fruit Punch Juice 4 oz Carton - Grape Juice 4oz Carton - Honeydew Melon - Mixed Berries-Frozen - Orange - Orange Juice 4 oz carton - Peaches-Canned - Pear - Pears-Canned - Pineapple-Canned - Plums - Strawberries

Menu Subject to Change- - Allergen information for menu items is available

ALL Students are eligible for 1brkfst & 1 lunch daily at no cost

Condiments BBQ Sauce-pc - Ketchup-pc - Mayo-pc - Mustard-pc - Honey Mustard - Ranch Dressing - Italian Dressing - Frank's Hot Sauce

Milk 1% Milk - Chocolate Milk - Fat Free Milk

HS Alternate Entrees Chicken Cutlet Sandwich - Italian Combo (alternate) - Hamburger - Cheeseburger - Peanut Butter and Jelly Sandwich - Chicken & Cheese Wrap - Grilled Cheese - Ham & Cheese Bagel Melt-Secondary - Veggie Burger

Secondary Breakfast(\$0.00)

Secondary Lunch(\$0.00)

Milk(\$0.75)

View more: <http://schools.mealviewer.com/school/NewPaltzHighSchool>

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